

2023 2024 - Class Schedule

Classes may be taken separately. The **Medical Hypnosis Certification Course** is completed after all 14 Medical Series Classes have been taken. Those completing the requirements for the Medical Series will earn the title of **C.M.Ht.** and a 14" by 11" certificate is awarded.

The **Professional Series** is complete when all 11 Classes have been taken. A 14" by 11" Certificate is awarded.

There are more classes than are listed here. These are classes listed till August of 2023

Classes in the yellow sections are part of the Clinical Hypnosis Institute Course and already apply to the Medical or Pro Series.		
Day	Date	Schedule 9:00 to 5:00 - 8 Ceu's per class day
2023		
Sat - Sun	Sept 16-17	Hypnosis for Fertility, Pregnancy and Childbirth with Ariana Durling, R.N., C.Ht. and Cheryl Beshada, CMHt – Medical Series
Saturday	October 14	No Class this Weekend (Dream Therapy is Rescheduled to December 16 th)
Saturday	October 29	Smoking Cessation – C.H.I. and Medical Series
Saturday	November 11	Subconscious Mind Healing (SMH) - C.H.I. and Medical Series
Sunday	November 12	Weight Loss and Shape Management – C.H.I. and Medical Series
Sat - Sun	November 18 19	Hypnosis for Anxiety, Fears and Phobias – Professional Series
Saturday	November 25	Pain Management - C.H.I. and Medical Series
Sunday	November 26	Rapid Inductions-Advanced Techniques-Intro to Stage Hypnosis – C.H.I. and Medical Series
Sat - Sun	December 9-10	Analytical Hypnosis – Days 1 and 2 of 5 Days - C.H.I. and Medical Series
Saturday	December 16	Dream Therapy Professional Series
2024		
Sat - Sun	Jan 13-14	Analytical Hypnosis Days 3 and 4 of 5 Days – C.H.I. and Medical Series - In Classroom
Sat – Sun	Jan 20 - 21	Creating and Using Metaphors to Address Client Issues - Professional Series
Saturday	January 27	Analytical Hypnosis Day Spiritual Channeling 5 of 5 Days – C.H.I. and Medical Series
Sunday	January 28	Taking Care of Business C.H.I. and Professional Series
Saturday	March 9	Smoking Cessation - C.H.I. and Medical Series
Sunday	March 10	Subconscious Mind Healing (SMH) - C.H.I. and Medical Series
Sat-Sun	March 16 - 17	Past Life, In-Between Life, Surrogate Hypnosis Day 1 and 2 - Professional Series
Saturday	March 23	Weight Loss and Shape Management - C.H.I. and Medical Series
Sunday	March 24	Pain Management
Saturday	April 13	Instant and Rapid Inductions – Intro to Stage Hypnosis - Professional Series
Sunday	April 14	Analytical Hypnosis – Days 1 of Mod 3 - C.H.I. and Medical Series
Saturday	April 20	Waking Hypnosis with Frank Hostnik, C.R.N.A., C.M.Ht. - Professional Series
Sat - Sun	April 27 - 28	Analytical Hypnosis Days 2 and 3 of Mod 3 – C.H.I. and Medical Series
Saturday	May 11	Taking Care of Business Day 4 of Mod 3 – C.H.I. and Professional Series
Sat - Sun	May 18 - 19	Analytical Hypnosis Days 5 and 6 of Mod 3 – C.H.I. and Medical Series
Saturday	June 15	Sports Hypnosis - Professional Series
Saturday	July 13	Smoking Cessation - C.H.I. and Medical Series
Sunday	July 14	Subconscious Mind Healing (SMH) - C.H.I. and Medical Series
Sat - Sun	July 20-21	Hypnosis Pre and Post Surgery – Organ Transplants - Medical Series
Saturday	July 27	Weight Loss and Shape Management - C.H.I. and Medical Series
Sunday	July 28	Pain Management - C.H.I. and Medical Series
Saturday	August 10	Instant and Rapid Inductions – Intro to Stage Hypnosis - Professional Series

Sunday	August 11	Analytical Hypnosis – Days 1 of Mod 3 - C.H.I. and Medical Series
Sat - Sun	Aug 17-18	Core Issue Clearing – Day 1 and 2 - Medical Series
Sat - Sun	August 24 - 25	Analytical Hypnosis Days 2 and 3 of Mod 3 – C.H.I. and Medical Series
Sat - Sun	Sept 14-15	Analytical Hypnosis Days 4 and 5 of Mod 3 – C.H.I. and Medical Series
Saturday	September 21	Super Learning – Test Anxiety - Professional Series
Saturday	September 28	Taking Care of Business Day 6 of Mod 3 – Professional Series

1-day class is \$195.00 2-day class is \$375.00 You can repeat a class for \$60.00 per class day
 Call or text Cheryl at **(586) 899-9009** or email [**ClinicalHypnosisInstitute@hotmail.com**](mailto:ClinicalHypnosisInstitute@hotmail.com) to register for a class.